Linda Vera Roethlisberger was born in Bern in 1956. After graduating from the Bern University of Teacher Education, she began her career as a teacher. She subsequently studied French at the Sorbonne and painting at the Académie Port Royal in Paris.

A pivotal spiritual experience in 1984 profoundly redirected her path. Embracing this new calling, she honed her mediumistic abilities through research and training with mentors such as Silvia Wallimann in Switzerland, Milan Ryzl in the United States and Gordon Higginson in Great Britain. Simultaneously, she developed a strong grounding in philosophy, psychology and pedagogy as well as an in-depth understanding of fringe sciences. Soon after, she began offering seminars on mediumship.

In response to the strong interest in her seminars, Roethlisberger then founded the ideologically independent TRILOGOS Institute for Personality and Consciousness Training in Küsnacht near Zurich in 1990.

Over the following decades, Roethlisberger continued to work as a medium, life coach, counsellor and author. This eventually led her to develop a course to share her accumulated spiritual knowledge. Open to people from all walks of life, this self-guided mediumship course offers a deeper understanding of her life's work and enables students to develop their PsyQ—their psycho-spiritual faculties—from the ground up. Participants are trained to enhance their perception, intuition and mediumship abilities, while learning to recognize and harness their potential through Roethlisberger's proprietary PsyQ®Method.

TRILOGOS Foundation

In 2012, Roethlisberger founded the non-profit TRILOGOS Foundation, driven by the conviction that personal growth enriches not only individual well-being but also society at large. Its mission is to cultivate human competence, foster positive relationships with others and the Earth, and deepen self-awareness to encourage harmonious development.

Committed to global ethics and world peace, the TRILOGOS Foundation seeks to advance the formation of conscience and the realization of meaningful values for individuals. It provides a

platform for research, training, dialogue and exchange for those interested in holistic and innovative approaches to life. The Foundation's goal is to support humans in the endeavor and experience of being human. Participants engage in clearly defined projects, allowing them to engage in sustainable personal growth and deliver needs-based humanitarian aid to others across religious and cultural boundaries. Importantly, all proceeds from Roethlisberger's course sales are donated to the Foundation.

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